

## ORLEANS COUNTY MONITOR

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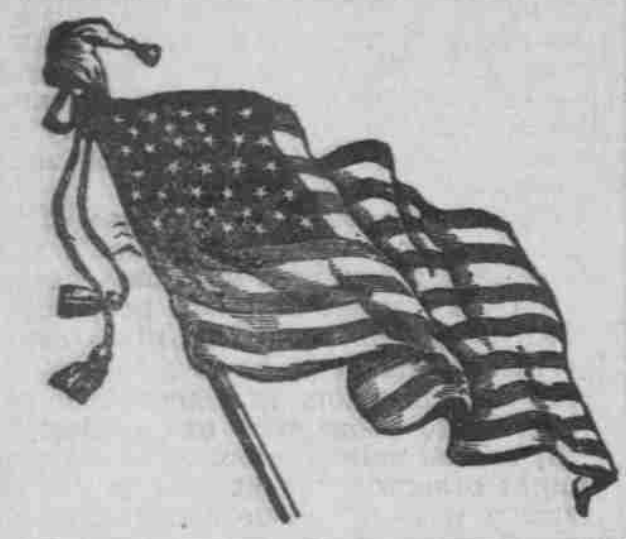
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It is unfortunate indeed that weather conditions have hampered the well-laid plans of farmers to increase their acreage of crops materially. The local acreage will be increased over former years no doubt but the full extent of the increased harvest will not be realized because of a wet and backward spring and the actual spoilage of seeds after put into the ground in some places. To be sure crops mature surprisingly quick in this state with the right kind of weather but the outlook just now is somewhat discouraging.

Orleans county has done splendid work so far in carrying out the proportionate share of war plans laid upon it by the government. In registration numbers, in the amount of bonds sold and in the Red Cross membership increase. One immediate task remains unfinished and that is sufficient funds for the work of the Red Cross and this is the week in which we are asked to raise Red Cross funds. If you have not already done so, join the organization and assist with your dollar membership fee. Let us do our full duty here in Orleans county in regard to supplying the funds needed for efficient service of the wonderful Red Cross organization which is to give comfort to our young men who will soon be called for service. Some of our own county boys will be benefited by the Red Cross.

## Vermont to Raise \$200,000.

Vermont is having another Red Cross campaign this week. The Old Green Mountain state is asked to raise \$200,000 of a \$1,000,000 fund.

The purpose of the present campaign is to raise a sufficient sum for the Red Cross that it may be placed in position to aid the needy families of soldiers who are in service in this country, as well as to soldiers themselves, who are in the trenches and to rehabilitate the devastated sections of France and Belgium, furnishing French and Belgians who were driven from their homes, provide them with stock, farm implements, seed, etc., that they may be given a new start in life.

Governor Graham makes a strong and urgent appeal to all Vermonters to give of their means to this worthy cause.

Local branches of the Red Cross are to organize by the appointment of captains of teams that are to consist of not less than six workers, who are to solicit funds on the partial payment plan. At least four installments may be made, the last payment to be made October 1st.

This extract is taken from Gov. Graham's endorsement: "Some of you have an automobile, and next Sunday afternoon you will think that you will go and take a trip and have an enjoyable time. If you will leave your automobile in a garage and sit on the piazza, and take the money you would spend for gasoline and oil and give it to the Red Cross, and do it for two or three weeks, we will have every dollar of money that we have been asked to contribute."

Everybody is expected to do his bit in this great cause. Vermont must not fail. She should and will live up to her patriotic traditions.

## The Art of Embalming.

The modern embalmers have not recovered the secret of the art as practiced by the old Egyptians and probably never will. Some of the bodies known to us as "mummies" buried 3,000 or 4,000 years ago are still in a state of perfect preservation. Back of the ancient art lay a religious creed. The ancient Egyptian believed that after many thousands of years the soul came back to find its body and that if it was not found the soul wandered forever in misery and wretchedness; hence it was absolutely necessary to preserve the body, and hence, finally, the embalmer's art.—New York American.

In Singapore motion picture theater seats are sold on both sides of the screen.

## WHAT THE PAPERS SAY.

## Conscription Age Not Limit.

There seems to be an impression that only men of the ages of the selective conscription bill, 21 to 30, can enlist in the armies of the United States. A great mistake. Beginning with the age of 18 and going up beyond the age of 31 men may join the colors if they want to. Young men between 18 and 21 should not feel that they are deprived of the opportunity of fighting for their flag, for such is not the case.—St. Albans Messenger.

## The Meaning of \$7,000,000,000.

America's war loan of seven thousand million dollars surpasses the powers of the mind to grasp. Spent at the rate of a dollar a minute it would take 13,318 years to dispose of the appropriation. Loaned out at six per cent \$13 could be spent every year for an indefinite period with out touching the principal. Converted into silver dollars, the coined pieces laid end to end would reach more than four times around the earth at the equator. Piled on top of one another these silver dollars would extend nearly six miles in the air. Made into dollar bills they would cover 26,686 acres. The interest on the loan is greater than the entire running expenses less than half a century ago, while the amount itself would conduct the affairs of the government for fully seven years, on the basis of the annual expenditure for the last decade. Another and more cheerful way of looking at the expenditure is that, great as the loan is, the wealth of the United States is such that it amounts to the lending of one dollar out of every forty of our existing tangible resources. A penny a day saved by every inhabitant would cancel the principal within twenty years.—Thomas F. Logan, in Leslie's.

## Heard on the Street.

That when your automobile begins to balk it is never near any garage, but away off in some lonely place.

That the harvest season having begun in Texas and Oklahoma, that section is absolutely free of tramps.

That some men seem to think that carrying some handsome silk flags on their automobile is a good substitute for buying a Liberty bond.

That there does not seem to be any way for any one to find out the state of our military preparation unless the German spies are willing to tell.

That it does not follow that because a man can write a most intelligent column of garden hints that he can go out in his back yard and raise a garden.

That the old folks who criticize the boys' July 4th doings are getting ready to demonstrate their patriotism by tearing around the country 35 miles an hour in an automobile.

That up to date none of the conscientious objections to military service has shown any consistency of objections to remaining in the country that permits such wicked things.

That after voting for censorship of the newspapers, some of the congressmen proceed to tell all the inside news about the war on the floor of the House with the world listening.

That when 10,000,000 of our young men went up and registered without asking Kaiser Bill's permission, that gentleman must have begun to think that things are slipping out of his hand a little.

That many men refuse to enlist that they may stay at home and make money, but there are some of them who up to date have not put down any of that money to buy a Liberty bond to help back up others that are willing to fight.—White River Junction Landmark.

## The Nation's Sleepers.

It is easy to sympathize, and, therefore, to excuse, the editor of the Randolph Herald and News who opens an editorial entitled, "Wake Up," with the exclamation, "It would be a damn good thing for the U. S. A. at this juncture if the Germans had a gun capable of dropping a 42-centimeter shell—just one—in every town and city from Maine to southern California to give notice that we are at war."

The trouble is, brother Johnson, that the individuals whom you would want this shell to hit are so blooming small that they would escape injury. But if something could only be done to stimulate sleeping Americans into wakefulness! And if something could be done to bring about a change of spirit in the minority who so far have shown no intention of supporting their soldiers in this war.

It is hard to believe, but nevertheless it is the truth (which probably has been duplicated in every town in the country) that right here in St. Albans there are people who shut the door in the face of Boy Scouts soliciting Liberty Loan subscriptions, girls seeking Red Cross members, and women taking the census for the National League of Woman Service.

Red Cross solicitors have had their request for a subscription met with the answer, "Oh! There's no reason why I should give. I haven't any relatives who can be drawn into the war."

Doesn't seem possible, but it is the shameful truth. If those 42-centimeter shells could drop on such as these it would, in the words of the contemporary, be a damn good thing, but, unfortunately, they are so small that they would escape; they have shells so small that, in the words of Mark Twain, they have to shellac their skin to keep their soul from escaping through the pores.

There is this much to it, however, the country is sleeping sounder now than it will for some time, unless the present slumber is so weakening that Germany will be able to land a knock-out blow and put us to sleep for all time. But that isn't thinkable.

Awakening process is going on, too slowly, it is true, but nevertheless surely. Some will not awake until casualty lists and records of disasters (contributed to in a measure by their present indifference) shock them into a realization of the realities.—St. Albans Messenger.

## VERMONT NOTES

Montpelier seminary commencement exercises were held last week. The largest class ever graduated, 46, went out from the school. The attendance at the commencement banquet was 300, the largest ever held.

Col. Ira L. Reeves, president of Norwich university has been appointed to a position in the office of the chief of the military bureau in Washington. His place as chairman of the Vermont Public Safety committee is taken by James Hartness of Springfield.

The new general catalogue of the Middlebury college, the first one to be issued by the institution since 1900, is now ready for distribution. The catalogue contains the records of all the undergraduates from 1800 to 1915 inclusive. This work has taken a great deal of time in its completion.

The first case of poliomyelitis to be discovered in this state this summer was reported by Dr. C. F. Dalton, secretary of the Vermont board of health, on Thursday. It is that of a young man in Barre town. The case when discovered was advanced beyond the stage where serum might have been used, both legs and one arm being affected.

Maj. K. R. B. Flint, professor of political economy at Norwich university, who is a graduate of that institution, and is well known throughout Vermont as a lecturer on economic subjects, has been appointed commandant of the military training camp at Norwich university, which camp is to open June 26, and will extend until August 21. This camp will follow closely the course of instruction given at the United States officers' training camps.

A limited number of boys and girls, especially girls, will be permitted to attend Camp Billings, the Windsor county Y. W. C. A., summer camp this year from out of the county. The directors have been increasing the camp equipment during the past year and have been helped in doing so by many friends scattered over the state, feel in view of this fact and the special preparedness plans for the camp this year, a few boys and girls outside the limits of the county ought to be accommodated. The purpose is to provide a splendid summer vacation with helpful instruction for boys and girls of moderate means on one of the best sites in all New England.

## State Masonic Week.

One of the features of Masonic week in Burlington last week was the general address of Grand Master Henry H. Ross of Rutland. He stated that there were upwards of 15,000 Masons in the state and over 100 subordinate lodges. During the last year there have been over 267 deaths among the members including two past masters, Charles A. Calderwood of St. Johnsbury and Kittridge Haskin of Brattleboro.

The grand leader referred to the fact that the oldest living member in the state was George W. Wing of Montpelier, who has been a member of the order since 1868 and was grand master in 1889 and 1890. Masonry in Vermont is in a healthy and satisfactory condition. During the last year 695 have been initiated into the order which is 43 more than in any preceding year. Thirteen per cent of the applicants have been rejected.

## Imagine an Insurance Agent Who Stutters.

Ability to present goods convincingly is the prime factor of salesmanship. Think then of the handicap of stuttering. Yet a writer in the July American Magazine says: "Obstacles have no terrors to the man destined to 'get on.' I know of an extraordinarily successful life insurance man—the branch office of which he has charge does an annual business of \$7,000,000—who stutters. Yet in spite of this handicap he has the line and breaks through for big gains. Why? Because he has determination, punch, and a few of these other qualities I have mentioned. He is not a 'genius,' but he works intelligently and continually to the limit of his ability. And that is the thing that will land any man high up in the scale."

## Some Things that Make Children Nervous.

There is an article on the care of children in the July Woman's Home Companion in which the writer says: "Nervousness sometimes is the result of some physical defect. Malnutrition, anemia, defective eyesight, bad teeth or adenoids may be the predisposing cause. Nature offers a cure. Plenty of nourishing food and wholesome outdoor life are essential, and these children should be encouraged to play and to take regular exercise, such as walking, rowing and swimming. Real country life is always the best, and camping is a cure in itself, first for the outdoor life and healthful exercise, and second because the nervous child needs the companionship of other children."

## Witchgrass Frightfulness.

The raw recruit enlisted for the agricultural field finds there entrenched a force that not.

A single inch will yield. In the way of the enemy. Stands rooted to the spot. Resisting with great stubbornness. Ejection from the plot. In hand-to-hand encounters fierce. Tenaciously the foe. To one position eludes while cut in pieces by the hero. And with as deadly purpose as the submarine there lurks. The subterranean mischief which. The witchgrass always works. Though seemingly defeated by the soldier of the soil. It's coming up again to choke the fruits of all his toil. —Springfield Reporter.

## Birthright of Happiness.

If a man is unhappy, remember that his unhappiness is his own fault, for God made all men to be happy.—Epictetus.

## HOME DRYING OF VEGETABLES.

Can be Done if Cans and Jars Become too Expensive.

Dry vegetables and fruits for winter use if tin cans and glass jars for canning are scarce or expensive.

This is the advice of the specialists of the U. S. department of agriculture who recently have studied the possibilities of conserving food to meet war needs in spite of any difficulties that may be experienced in obtaining canning containers. Drying was a well-recognized and successful way of preserving certain foods before canning came into general use, and modern methods make it still more practicable than formerly, either in the home or by community groups.

## METHODS OF DRYING.

Three methods of drying have been found by the department specialists to give satisfactory results. These are sun drying, drying by artificial heat, and drying with air blasts, as before an electric fan. Trays for drying by any of these methods, as well as tray frames for use over stoves or before fans, can be made satisfactorily at home. Frames and trays for use with artificial heat may be purchased complete if desired.

Homemade trays may be made of side and end boards three-fourths of an inch thick and two inches wide, and bottom boards of lathing spaced one-fourth of an inch. If desired, one-fourth inch galvanized wire mesh may be tacked to the side and end boards to form the bottoms of the trays. Frames for use with artificial heat should be made of non-inflammable material to as great an extent as possible. As many as six trays may be placed one above the other when artificial heat is used. In drying before a fan the number of trays that may be placed one above the other will depend, to a large extent, upon the diameter of the fan. In drying in the sun, trays as described may be used, or products to be dried may be spread on sheets of paper or muslin held in place by weights.

## PREPARING PRODUCTS FOR DRYING.

Vegetables and fruits will dry better if sliced. They should be cut in to slices one-fourth of an inch thick. If thicker they may not dry thoroughly. While drying the products should be turned or stirred from time to time. Dried products should be packed temporarily for three or four days and poured each day from one box to another to bring about thorough mixing and so that the whole mass will have a uniform degree of moisture. If during this "conditioning" any pieces of the products are found to be too moist, they should be returned to the trays and dried further. When in condition, the products may be packed permanently in tight paper bags, insect-proof paper boxes or cartons, or glass or tin containers.

## RECIPES.

(Spinach and Parsley.)

Spinach that is in prime condition for greens should be prepared by carefully washing and removing the leaves from the roots. Spread the leaves on trays to dry thoroughly. They will dry much more thoroughly if sliced or chopped.

Garden Beets, Onions, Carrots, Turnips, Parsnips, Cabbage.

Beets. Select young, quickly grown, tender beets, which should be washed, peeled, sliced about an eighth of an inch thick and dried.

Turnips should be treated in the same way as beets.

Carrots should be well grown, but varieties having a large woody core should be avoided. Wash, peel and slice crosswise into pieces about an eighth of an inch thick.

Parsnips should be treated in the same way as carrots.

Onions. Remove the outside papery covering. Cut off tops and roots. Slice into one-eighth-inch pieces and dry.

Cabbage. Select well-developed heads of cabbages and remove all loose outside leaves. Split the cabbage, remove the hard, woody core, and slice the remainder of the head with a kraut cutter, or other hand slicing machine.

All the products under this heading should be "conditioned" as described above.

Beet Tops, Swiss Chard, Celery and Rhubarb.

Beet tops. Tops of young beets in suitable condition for greens should be selected and washed carefully. Both the leaf stalk and blade should be cut into sections about one-fourth inch long and spread on screens and dried.

Swiss chard and celery should be prepared in the same way as beet tops.

Rhubarb. Choose young and succulent growth. Prepare as for stewing by skinning the stalks and cutting into pieces about one-fourth to one-half inch in length and dry on trays.

All the products under this heading should be conditioned as described.

## RASPBERRIES.

Sort out imperfect berries, spread select berries on trays and dry. Do not dry long that they become hard enough to rattle. The drying should be stopped as soon as the berries fail to stain the hand when pressed. Pack and condition.

Winter temperature in Cuba ranges from 60 to 85 degrees.

Catarhal Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Catarhal Deafness is caused by an inflammation of the mucous membrane of the middle ear, which is entirely closed. Deafness is the result. Unless the inflammation can be reduced and the blood restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflammation of the mucous membrane of the middle ear. It is caused by the blood on the mucous surfaces of the system. We will give One Hundred Dollars for any case of Catarhal Deafness that cannot be cured by Hall's Catarrh Medicine. Circulars free. All Druggists, 75c. F. J. CHENEY & CO., Toledo, O.

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## Campaign for Improvement Of Health Among People of Rural Districts Is Started.

One of the most important conservation campaigns undertaken in the United States is that started by the committee on health problems of the National Council of Education, under the guidance of Dr. Thomas D. Wood, professor of physical education in Teachers' college, Columbia university. The campaign has for its purpose the improvement of health in the rural districts of the country.

After careful investigation, Doctor Wood has found country school children less healthy, on the average, than city children. The reasons he believes to be largely found in careless disposal of waste matter in the country, in contaminated water, in insufficient ventilation, in unbalanced rations, and in failure to have children examined by physicians and dentists.

Doctor Wood and his committee purpose to remedy these conditions through a campaign of education in the rural schools. The improvement of conditions will be accomplished through pointing out just what is wrong with present modes of living. In the cities health regulations have been enforced largely through police power, and are still evaded by some, who do not realize the importance of sanitary conditions. In the country, thinly settled as it is, the careful enforcement of minute regulations would be impossible. Improvement there will come through education, and improvement based on education is a much more settled, more beneficial matter than improvement based on law.

## Cheap Floor Covering.

Three sheets of strong, brown paper, pasted together, with a top covering of ordinary wallpaper, make an excellent, inexpensive, sanitary substitute for linoleum. After cleaning the floor, a sheet of good, strong brown paper is pasted down and allowed to dry. Then a second sheet is laid and allowed to dry thoroughly before laying a third sheet.

If a pattern floor covering is desired, ordinary wall paper serves the purpose admirably. It is pasted to the top sheet of brown paper already laid. The whole being thoroughly dry, a coat of sizing is applied and left to set, after which a coat of good varnish completes the process. This floor covering has all the advantages of real linoleum and may be washed and polished in the usual way.

## Signs of Danger

That Should Be Heeded by Barton People.

There's serious danger in neglecting any weakness of the kidneys. The warning nature gives should not be overlooked. If troubled by too frequent passage of the kidney secretions; burning or scalding; if the secretions are highly colored and contain sediment when left standing—if you have backache, too, with frequent headaches and dizziness, make up your mind that your kidneys are affected and begin using some reliable kidney remedy. Deaths from kidney disease have increased in the United States alone, 72 per cent in the last 20 years. The risk is great, you can't afford to delay. Barton people recommend Doan's Kidney Pills. Can you ask for better proof of merit than the statement of this Barton resident?

Jas. C. Healey, millwright, High Street, Barton, says: "Some time ago my back started to ache and my kidneys became disordered. I had read of the good Doan's Kidney Pills had done others, so I bought some at Pierce's pharmacy. One box cured me of the trouble and I am glad to recommend this medicine."

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Special sessions of the Probate Court will be held at the office of F. W. BALDWIN in BARTON, on the second and fourth Fridays of each month in the afternoon; and at the office of COLBY STODARD, in ORLEANS, in the afternoon of the third Friday of each month. Parties desiring to transact Probate business at Barton or Orleans should notify the Judge in advance, that he may take the necessary papers. The Probate office at NEWPORT will be open every day, except Sundays and holidays; but those coming from a distance, as far as possible, should make special appointments with the Court in advance.  
RUFUS W. SPEAR, Judge.